







# SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE MAY-2015



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Apple Juice- Veal Piccata Mashed Potatoes Squash Medley 100% Whole Wheat Bread Mixed Fruit
4	Italian Chicken w/Chick Peas & Artichokes Baked Sweet Potato Italian Mixed Vegetables Pumpnickel Bread Sliced Pears	5	Alaskan Pollock w/Seafood Sauce Brown & White Rice Sicilian Blend Vegetables 12-Grain Bread Pineapple Tidbits	6	Baked Ham w/Raisin Sauce Lyonnais Potatoes Capri Blend Vegetables Pumpnickel Bread Sliced Peaches	7	<b>CRT HAPY MOTHER'S DAY MEAL!</b>  Orange-Pineapple Juice Seasoned Chicken Alfredo Parslied Bowties Broccoli Florets Wheat Dinner Roll Special Dessert	8	Cream of Carrot Soup Mini Cheese Burger on Bun Tater Tots Vegetable Medley Ketchup/Mustard/Relish Fresh Fruit
11	Apple Juice Breaded Pork Steak w/Broth Scalloped Potatoes Succotash 100% Whole Wheat Bread Lemon Pudding Tart w/Whipped Topping	12	Grape Juice Veal Parmesan Egg Noodles Scandinavian Blend Vegetables Parmesan Cheese Italian Bread Fresh Fruit	13	Macaroni & Cheese Stewed Tomatoes & Zucchini Spinach Salad w/Tomatoes/ Cucumbers & Onions Raspberry Vinaigrette Dressing Club Roll Pineapple Tidbits	14	Roast Turkey w/Gravy Cornbread Stuffing Broccoli Spears Dinner Roll Tropical Fruit	15	Mariners Chowder Crabby Cake on Wheat Roll Potato Wedges Hawaiian Coleslaw Tartar Sauce Saltines Fresh Fruit
18	Sliced Meatloaf w/Gravy Mashed Potatoes Prince William Blend Vegetables 12-Grain Bread Pineapple Tidbits & Mandarins	19	Spring Vegetable Soup American Chop Suey Zucchini Squash Saltines Club Roll Fresh Fruit	20	Roast Pork Loin w/Gravy Cut-Up Sweet Potatoes Whole Green Beans 100% Whole Wheat Bread Tropical Fruit	21	<b>CRT HOLIDAY MEAL</b>  Orange-Pineapple Juice Hot Dog Baked Beans Sauerkraut Hot Dog Roll Mustard/Relish/Ketchup Banana Pudding w/Whipped Topping	22	Rosemary Chicken Quarter Oven Roasted Potatoes Peas & Diced Carrots Wheat Dinner Roll Sliced Apples
25	<b>CLOSED IN OBSERVANCE OF MEMORIAL DAY</b>	26	Buttercrumb Fish Filet Sweet Potato Fries Red/Green Cabbage Coleslaw w/Shredded Carrots Tartar Sauce 100% Whole Wheat Bread Fresh Fruit	27	Cran-Apple Juice Roast Beef w/Vegetable Gravy Sour Cream & Chive Mashed Potatoes Brocoli Spears Wheat Dinner Roll Peach/Blueberry Crisp	28	Cheesy Vegetable Lasagna Garden Salad w/Cherry Tomatoes & Cucumbers Mixed Vegetables Italian Dressing Rye Bread Fruit Cocktail	29	Roast Turkey w/Gravy Mashed Sweet Potatoes Peas & Pearl Onions Wheat Dinner Roll Sliced Peaches

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of **age or older and their spouses.**

All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**